

Reflect

Methodist spirituality

Open Day Conference

Saturday 19 October 2019

10am - 3.30pm (followed by Reflect AGM 3.30 - 4pm)

Wesley's Chapel, City Road, London EC1Y 1AU

For directions, please use this link:

<https://www.wesleyschapel.org.uk/your-visit/visiting-us/>

Keynote address from
Rev Dr Barbara Glasson
President of the
Methodist Conference 2019/20
& co-author of
"So What's the Story...?"
- a new resource book for
Christian reflection and practice

Afternoon workshop options such as:
Guided meditation, Wesley
pilgrimage, Introduction to Spiritual
Direction, visit to Wesley's Chapel,
museum, house and physick garden,
Storytelling workshop



All are welcome - no charge! Email Brian Sherrell via
brian-car@hotmail.co.uk to book your place or just turn up on the day

Visit our website for details of this and other Reflect events,
retreats, resources and contact details
<http://www.reflectretreats.co.uk>