

A PILGRIMAGE THROUGH PRAYER

5 week course via Zoom



How do you pray? What is prayer?
How does prayer fit into your spiritual journey?

Come and wonder together on Friday mornings, 10am-12 noon.

January 16th, 23rd, 30th

February 6th, 13th, 27th

the course will **not run on 1 of these dates (to be confirmed in the New Year)*

The course will be led by Judith Jessop – Chair of Reflect.
If you would like to book a place and/or find out more information, please email Judith:
chair@reflectretreats.co.uk

There is no charge for this event.
You are invited to make a donation to the work of Reflect via bank transfer.
(**Reflect** Bank Details: Lloyds Bank, Sort Code **30 96 18**, Account no. **02833113**
please quote '**Prayer Course**' as a reference for your payment – Thank you!)