

Reflect

Methodist Spirituality and Retreats

REFLECT QUIET MORNING (via Zoom)

Friday 27th March or Saturday 28th March 2026



Holy Thursday by Emanuel Franco, O.Carm.

Entering Into Christ's Passion

Preparing for Holy Week

9.30am - Welcome, Prayer & Introduction

10.00am – Session 1: '...he loved them to the end'

11.00am – Session 2: '...crucified with Christ'

12 noon – Conclusion (*to include practical suggestions*) & Closing Prayer

To end by 12.15pm

The event will be led by Joy Adams – Methodist presbyter

If you would like to attend please email Lynne Tonge 2tonges317@gmail.com
stating which date you would like to book

There is no charge for this event but donations (suggestion £12)
may be made by bank transfer to support the work of REFLECT

(**Reflect** Bank Details: Lloyds Bank, Sort Code **30 96 18**, Account no. **02833113**
please quote '**Quiet Day**' as a reference for your payment – Thank you!)