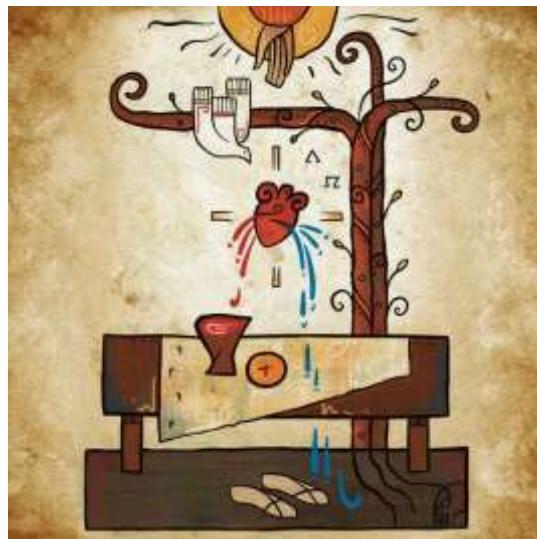


# Reflect

Methodist Spirituality and Retreats

## REFLECT QUIET MORNING (via Zoom)

Friday 27<sup>th</sup> March or Saturday 28<sup>th</sup> March 2026



*Holy Thursday* by Emanuel Franco, O.Carm.

### Entering Into Christ's Passion

*Preparing for Holy Week*

9.30am - Welcome, Prayer & Introduction

10.00am – Session 1: '...he loved them to the end'

11.00am – Session 2: '...crucified with Christ'

12 noon – Conclusion (*to include practical suggestions*) & Closing Prayer

To end by 12.15pm

*The event will be led by Joy Adams – Methodist presbyter*

If you would like to attend please email Lynne Tonge [2tonges317@gmail.com](mailto:2tonges317@gmail.com)  
stating which date you would like to book

There is no charge for this event but donations (suggestion £12)  
may be made by bank transfer to support the work of REFLECT

(Reflect Bank Details: Lloyds Bank, Sort Code 30 96 18, Account no. 02833113  
please quote 'Quiet Day' as a reference for your payment – Thank you!)