

Reflect

Methodist Spirituality and Retreats

REFLECT QUIET MORNING (via Zoom)

Friday 10th July or Saturday 18th July 2026



The Practice of the Presence of God

*The Spirituality of Brother Lawrence
(as recommended by John Wesley)*

9.30am	Welcome
9.45am	Introduction to Brother Lawrence
10.00am	Session 1: Knowing God
11.00am	Session 2: United in Prayer
12 noon	Conclusion: Brother Lawrence's Legacy
12.15pm	Finish

The event will be led by Judith Jessop – Methodist presbyter & Chair of Reflect

If you would like to attend please email Lynne Tonge 2tonges317@gmail.com
stating which date you would like to book

There is no charge for this event but donations (suggestion £12)
may be made by bank transfer to support the work of REFLECT
(**Reflect** Bank Details: Lloyds Bank, Sort Code **30 96 18**, Account no. **02833113**
please quote '**Quiet Day**' as a reference for your payment – Thank you!)