Reflect

Methodist Spirituality and Retreats

REFLECT QUIET MORNING (via Zoom)

Friday 4th December or Saturday 5th December 2026



Sights and Smells of Christmas:
St Francis and the first Living Nativity

Friday 5th		Saturday 6th
2.00pm	Welcome, Introduction & Prayer	**9.30am**
2.30pm	Session 1: Experiencing the Nativity	**10.00am**
3.30pm	Session 2: Using our senses in worship	**11.00am**
4.30pm	Conclusion & Closing Prayer	**12 noon**
4.15pm	End	**12.15pm**

The event will be led by Rev Christine Crabtree,
Methodist presbyter & newsletter editor of Reflect.

If you would like to attend please email Lynne Tonge 2tonges317@gmail.com
stating which date you would like to book.

There is no charge for this event but donations (suggestion £12)
may be made by bank transfer to support the work of REFLECT
(**Reflect** Bank Details: Lloyds Bank, Sort Code **30 96 18**, Account no. **02833113**
please quote **'Quiet Day'** as a reference for your payment – Thank you.