

A PILGRIMAGE THROUGH PRAYER

5 week course via Zoom



How do you pray? What is prayer?
How does prayer fit into your spiritual journey?

Come and wonder together:

Friday mornings, 10am-12 noon, January 8th, 15th, 22nd, 29th, February 5th 2027

or

Monday evenings, 7pm-9pm, January 11th, 18th, 25th, February 1st, 8th 2027

The course will be led by Judith Jessop – Chair of Reflect.
If you would like to book a place and/or find out more information, please email Judith:
chair@reflectretreats.co.uk

Please note: This is the same course as in Jan/Feb 2026. Participants are welcome to join in again.

There is no charge for this event.

You are invited to make a donation to the work of Reflect via bank transfer.
(**Reflect** Bank Details: Lloyds Bank, Sort Code **30 96 18**, Account no. **02833113**
please quote '**Prayer Course**' as a reference for your payment – Thank you!)