

LECTIO DIVINA

This is the Latin phrase for "sacred reading" and involves meditation on Scripture



You are invited to join an online group
facilitated by Judith Jessop (*Chair of Reflect*)

Lectio Divina will take place most months
on a Wednesday evening, 7.15-7.50pm,
starting September 9th 2026

If you are not sure whether this is for you, give it a try and see!
You can make it a regular commitment or just drop by from time to time.

You need to contact Judith for the zoom link (chair@reflectretreats.co.uk)

There is no charge for these events but donations are always welcome and
may be made by bank transfer to support the work of REFLECT
(**Reflect** Bank Details: Lloyds Bank, Sort Code **30 96 18**, Account no. **02833113**
please quote '**Lectio**' as a reference for your payment – Thank you!)